HAYES
WELLNESS
and everything great outdoors

TYLÖ
Redefining wellness

SAUNA



ENGLISH

tylohelo.com/tylo

REDEFINING WELLNESS

The global group TylöHelo has several strong sauna brands in the portfolio and can be found on all continents for both residential and commercial sauna projects. We are the complete partner by providing high quality sauna experiences, with traditional sauna, steam bath and infrared warmth.

Tylö's founder, Sven-Olof Janson, was an electrician whose ingenuity and motivation enabled him to develop smaller and more efficient sauna heaters. The company was founded in 1949 and has since successfully evolved into a global wellness company.

With a huge passion for sauna and wellness, solid traditions in craftmanship and profound knowledge Tylö is redefining the sauna scene by always continuing to create top quality sauna products made to be a vital part of healthy living. When you are investing in a Tylö product, you are not only investing in a product, you are also investing in your health. Years of development, experience and a relentless strive for perfection has lead us to where we are today. Masters of providing relaxation year after year, for you and your health.

Welcome to our great world of sauna!



With reservation for changes in our assortment.
For the latest version visit tylohelo.com/tylo

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SAUNA FOR YOUR HEALTH AND WELLBEING

Research shows that regular sauna use has positive effects on many health areas, on the heart as well as on your general fitness. And, maybe most importantly, peace in body and mind. In the sauna, you are in the company of your own thoughts or in rewarding discussions with friends and family.



Hans Hägglund, professor at Uppsala University in Sweden has recently published a book on the subject sauna and health. He is starting up studies in Sweden and his research will focus exclusively on sauna and health.

"Among the most important findings that have been made recently are the connections between regular sauna baths and a possible lowered risk for diseases such as Alzheimer's, stroke and cardiovascular diseases. This is something that really needs to be researched further, so we can try to find out the mechanism behind the positive effects of heat on health.

One of my students recently carried out a study on the effects infrared saunas have on patients with a history of heart failure and found that the amount of blood pumped with each heartbeat improved after regular sessions. We aim to study if traditional saunas can have a similar impact. Our hope is that we will add proof to another form of thermal therapy, which could be significant for sauna owners living with or to prevent cardiovascular diseases.

Stepping into a sauna is as effective as taking a brisk walk. You exercise the cardiovascular system, stimulate immune response and release hormones. In fact, studies show that regular sauna use can reduce the risk of cardiovascular mortality by around 50%*."

* Laukkanen T JAMA Intern Med. 2015;175(4):542-548l

BENEFITS OF SAUNA

MUSCLES AND JOINTS
Quicker recovery from exercise by easing joint and muscle pain and eliminating lactic acid build-up.

CLEANSES THE SKIN
Deep sweating cleanses the skin, and rinses off dirt, dead skin cells and bacteria.

LUNG DISEASES
It can have a good effect on asthma and pneumonia.

STATE OF MIND
Can be used in treatment for anxiety and mild depression.

BRAIN HEALTH
Regular sauna bathing can lower the risk for both stroke and dementia.

HEART
It lowers the blood pressure and fights against heart diseases.

ENERGY
It can help you sleep better and therefore help against chronical fatigue.

SOCIAL BENEFITS
Relaxing environment for socialising with family and friends.

LAST BUT NOT LEAST: JUST FEELS GOOD
A sauna not only feels good, it´s good for you.

Hägglund, H. (2020). Bastuboken: Heta fakta om bastu och hälsa. Ekerlids Förlag.

SAUNA SOLUTIONS – TWO WAYS TO BUILD YOUR SAUNA





MODULAR OR READY-MADE SAUNA

If you have an open space to place a sauna room in: Harmony or Impression.

MODULAR READY-MADE - HARMONY
Prefabricated saunas from Tylö are bundled with smart solutions for fast and easy assembly. You can build it yourself and adapt to your personal taste. The foundation is always there, shaped by our extensive knowledge. Craftsmanship, solid materials and attention to detail stand at the core of this convenient sauna solution for modern homes and lifestyles.

Harmony can also be the base for a commercial sauna. They are ready to assemble straight out of the box and are, of course, specifically developed to withstand the wear and tear of commercial use. Our Harmony sauna rooms can easily be adapted to suit your individual requirements with regard to size and position. It's up to you to decide what type of wood you want for the walls and interior fittings, as well as how much glass surface you want for your sauna room.
Then you add the sauna heater that best suits your needs, and finally a control panel. All designs are available in any room configuration on offer. You may also choose to design any room in the Harmony range with either vertical or horizontal panelling.

PREDEFINED READY-MADE - IMPRESSION
Ready-made saunas from Tylö are bundled with smart solutions for fast and easy assembly. With different floor plans and layouts it is easy to find a suitable solution to cater to you personal sauna preferences.

Read more on pages 8–19

CUSTOMISED SAUNA SOLUTIONS

If you have a set space to make into a sauna or want something unique: place built.

CUSTOMISED FOR EVERY NEED
Only requirement, for safety reasons, is that the ceiling height in the place where the sauna heater is installed, is not less than 1900 mm. Having a shower area near the sauna is a great advantage, therefore, the bathroom is usually the ideal place for a sauna. But a part of the patio, an attic space, the basement or the abandoned children's room can also be the perfect spaces to turn into your private home spa. The best functioning ventilation is the one that uses thermal energy from rising heat to vent the sauna room properly.

To ensure proper function an inlet vent is placed below the sauna heater, or in the door just next to it, and an extraction vent is placed diagonally, just below the ceiling. Placement of benches with height difference gives a lower bath temperature on the bottom bench, which is practical if the children or others in the family think that a lower temperature feels more comfortable. For the sauna heater, special safety distances apply to the side wall and that can be seen for each heater.

Read more on pages 22–35

MODULAR SAUNA ROOM



HARMONY

Tylö's modular sauna room Harmony is the solution for those who want a quick and easy route to sauna enjoyment. Your sauna is delivered as prefabricated components that are easy to assemble. It is all set up for installation of electrical systems and the ventilation systems are ready to go.
The end result is an attractive and seamlessly constructed sauna where all nails, screws and joints are covered.



HARMONY WITH GLASS FRONT

CREATE YOUR HARMONY IN 7 STEPS



1 - LAYOUT
Choose between square, corner, glass front, glass corner and round corner.

2 - PANEL
Horizontal or vertical paneling available in different types of wood: Spruce, Aspen and Thermo-Aspen.

3 - INTERIOR
Choose between Classic, Classic slim and Classic wide benches made of Alder, Aspen and Thermo Alder.
Then select a closed style with skirting panel or an open style without skirting panel. The skirting can have either soft or straight bench front.

4 - GLASS
You can choose between clear glass, tinted glass or frosted glass.

5 - DOOR HANDLE
Choose between horizontal and vertical orientation or go for the design handle.

6 - SOFFIT
Soffits come with built-in lighting.

7 - HEATER
Here it is important to know the size of the sauna. See the compare tool at the web site or use the table in this catalogue.

1. LAYOUT

You might think a Harmony room is just a fixed module. But it is really adaptable and fits almost any space thanks to all the variations and sizes.



DAY 1 – DELIVERY & CONSTRUCTION

Prefabricated components delivered as a flat-pack kit



DAY 2 – READY FOR TAKING A SAUNA!



Ventilation ready. Prepared for electrical wiring.
Contact electrician for installing heater.
Ready for a sauna bath.



SAUNA HEATER
Contact your electrician



VENTILATION
Ready

ALL SET FOR INSTALLATION OF UTILITIES ON DELIVERY

The height is always 2073 mm and the smallest measurement is 1200 x 1200 mm. Then you can make it as big as you want, also for professional use like spas and swimming halls. We have gathered some examples here below.



CORNER
Aspen



CORNER WITH GLAZED SECTION
Spruce



SQUARE
Thermo Aspen



SQUARE WITH GLAZED SECTION, FRONT Thermo Aspen



SQUARE WITH GLAZED SECTION, SIDE Aspen



SQUARE WITH GLAZED SECTION, FRONT & SIDE Spruce



GLASS FRONT
Thermo Aspen



GLASS CORNER
Aspen



SQUARE WITH ROUND GLASS CORNER Aspen

Drawings and more information about Harmony can be found at tylohelo.com/tylo

Scan the QR code for more information.





2. PANEL

Our sauna panels come in a couple of different designs that you can match with your interior. They are all made of high quality, grade “A”, wood and match the Harmony interior designs perfectly. Choose between panels put up vertically (see image 2) or horizontally (see image 1).



SPRUCE
Spruce is one of the most common trees in the Nordic countries and the dominant type of wood in sauna building and construction. The spruce is light in colour and is a medium soft type of wood.
Size: 12 x 85 mm



ASPEN
Aspen is a light, relatively soft and brittle wood that is stable in shape when moisture changes. It has low thermal conductivity and does not release resin and is therefore commonly used for sauna material.
Size: 15 x 85 mm



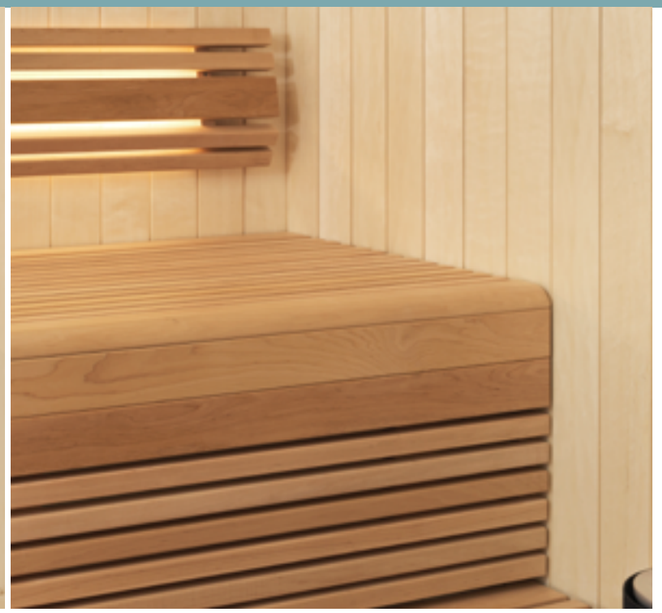
THERMO ASPEN
The heat-treated aspen has a much darker shade than non-treated. It is a form stable wood because dryer than non-treated and absorbs less moisture.
Size: 15 x 85 mm



Panel in aspen and interior in alder classic.



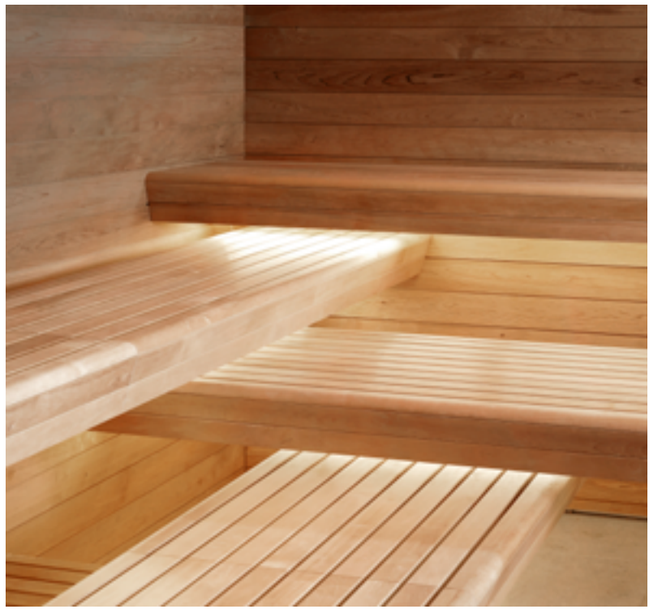
CLASSIC
The Classic range of solid Aspen, Alder or Thermo Alder sauna interior is available in pre-cut measurements or may be cut to individual preferences. The range includes benches and back rests with available skirting and side panels (see page 31) for a complete and finished look.



CLASSIC SLIM
Classic Slim sauna interiors in Aspen, Alder or Thermo Alder are available in pre-cut measurements but may be cut to individual requirements for custom builds. The range includes benches and back rests with available skirting and siding for a complete and finished look.



CLASSIC WIDE
The Classic Wide range of Aspen, Alder or Thermo Alder. The sauna interior is available in custom measurements as flex interior. The range includes benches and back rests.



PANORAMA INTERIOR
The Panorama range of sauna benches with the overlapping design are made of Aspen, Alder and Thermo Alder and are available in custom measurements as flex interior. Also option with wide bench boards.

Scan the QR code for more information.

3. INTERIOR

Harmony interiors are available in a number of different designs and are made to match the style of your Harmony. Your sauna room can be designed to custom standards by choosing from several types of wood and designs.



ASPEN
A light and relatively soft wood that is the most popular wood on sauna interior.



ALDER
A softly reddish wood that doesn't secrete resin. Can shift a bit in colour over the course of time.



THERMO ALDER
A heat treated alder is dark and is a good match to thermo aspen on the walls.



Panel in spruce and interior in aspen slim.



4. GLASS

Either if it is a door glass, glass section or a glass front, the glass is always manufactured to withstand the considerable temperature differences between the outside and inside of the sauna without warping or becoming deformed.

CLEAR GLASS
Dimension: 8 mm tempered safety glass



BRONZE GLASS
Dimension: 8 mm tempered safety glass



FROSTED GLASS
Dimension: 8 mm tempered safety glass

Wall panel in classic spruce or a more modern dressing glass is one of the vital parts when you are building your sauna. Whether your want clear glass to get a feeling of openness, bronze glass to feel more warm, or frosted glass in order to shut out the world and relax.

5. DOOR HANDLE

Choose between horizontal and vertical orientation or go for the design handle.



HORIZONTAL



VERTICAL



DESIGN HANDLE

6. SOFFIT

If you want a soffit for your Harmony they are easy to assemble. The roof trim that comes with the room is mounted on the outside of the soffit and has LED down light included.



WITH SOFFIT



WITHOUT SOFFIT

7. SAUNA HEATER

Find the heater for your sauna on page 36–47.



READY-MADE SAUNA ROOM



IMPRESSION

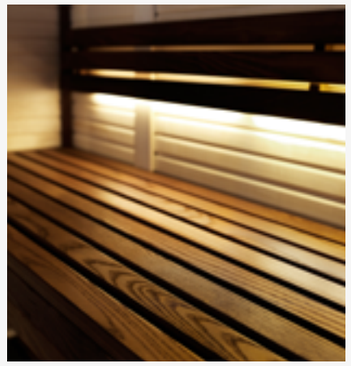
The multi-disciplinary Impression is a sauna solution that easily integrates into existing bathrooms and provides a home spa experience in spite of its compact dimensions. The impression line of saunas is available in black or white frames and six different sizes. The walls, doors and glass may be positioned in a number of different configurations.



IMPRESSION WILL FIT ALMOST ANYWHERE



EXCLUSIVE ALL-IN-ONE INSTRUMENT
All Impression sauna rooms are supplied with an exclusive hygrometer/ thermometer with built-in LED lighting. Style and functionality in one – as well as atmospheric lighting.

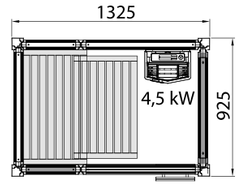


COMPLETE WITH TWO SAUNA BENCHES
The sauna cubicle comes complete with two sauna benches at different levels and also with backrest and lightning.

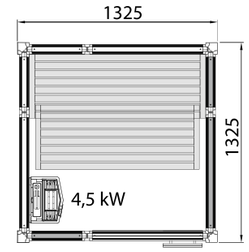
Impression **READY-MADE SAUNA ROOMS**

INGENIOUS COMPACT DESIGN

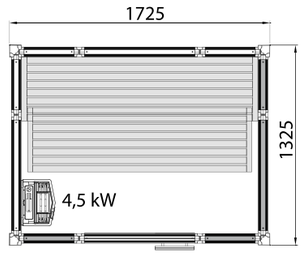
Our Swedish designers set themselves the task of combining practical functions with an elegant setting where you can relax and pamper yourself in style. However, the Impression sauna also stands out by virtue of its ingenious compact design and its small dimensions. Here you can see an example of a common configuration for a Tylö sauna. Exterior height 2090 mm.



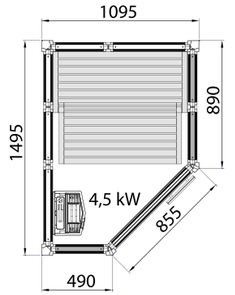
IMPRESSION SAUNA i1309



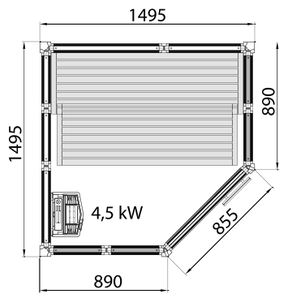
IMPRESSION SAUNA i1313



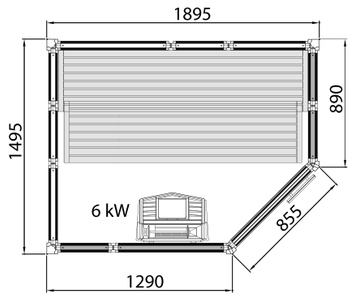
IMPRESSION SAUNA i1713



IMPRESSION SAUNA i1115/C



IMPRESSION SAUNA i1515/C



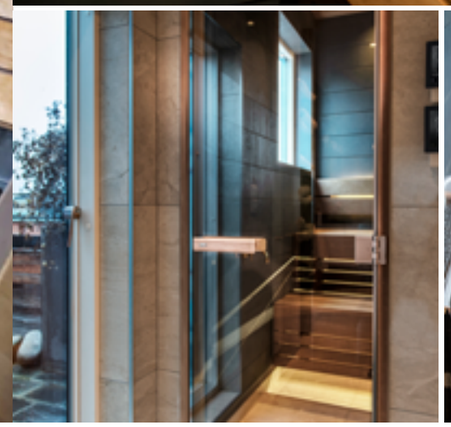
IMPRESSION SAUNA i1915/C



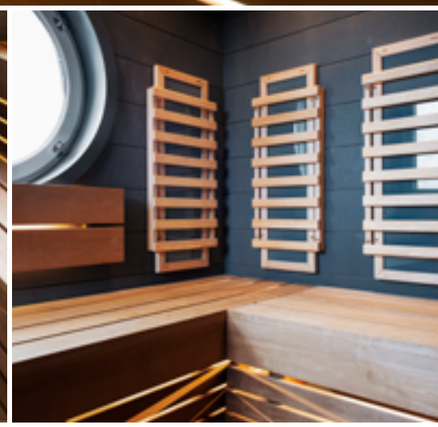












BEFORE AND ...

A traditional wooden sauna has its charm, but if you are renovating your home, why not take the opportunity to update your sauna. Today, there are many kinds of wood and other materials you can use for giving your sauna a fresh, modern look whilst increasing the health benefits for you. So are you thinking of upgrading your lifestyle? Here's some inspiration for you!

... AFTER

This wooden sauna has a beautiful view of the rooftops of Stockholm. The look of it did not match the rest of the flat that was undergoing an extensive renovation.

When the owners decided to renovate, they initially discussed the possibility of creating two saunas; one traditional and one infrared room. When we talked to them, we wanted to show that you can have both in one room. The husband liked dark colours, so we suggested grey Taika with aspen for the benches.
Then we matched with the infrared panels in grey glass and wooden frames.

The result looks fantastic!

CUSTOMISED SAUNA ROOMS



South Lodge, Sussex, United Kingdom. Credit sparc studio design consultants.

Do you have a set space, anything from an old closet to a big empty room, that you want to turn into a sauna? Maybe an old sauna that needs a fix-up? You can design it panel by panel and customise the whole area. Why not modernise it with fresh looking taika on the walls and new benches? Choose from the standard assortment or get in touch with a dealer to get a special made sauna, just for you.

To build a sauna you need of course first think about the space and placement. Then you can pick your choices step by step:

1 - SAUNA PANELS
Choose a traditional wall panel in classic spruce or a more modern dressing with taika. There are many options! You can place them either horizontal or vertically to create the look you want. Behind the wooden panel, you need an insulation of at least 45 mm thick mineral wool, in both walls and ceiling. If the sauna is placed against a cold outer wall, it is suitable to leave an air gap between the outer wall and the sauna's insulation to prevent any condensation from penetrating the sauna wall. The sauna should always be built as a "room in room."

2 - INTERIOR WOOD
Choose the same material as the wall panels or make a nice contrast with the benches and backrests. You can choose if you want the slim or the wide boards in the benches and backrest or if you prefer a more classic look. Why not get creative and have a floating bench in the Panorama look?

3 - GLASS FRONTS AND CORNERS
You can also have fronts and corners in glass for a bit more luxury look. It is easiest to use our prefabricated glazed sections made of durable safety glass.

4 - EXTRAS AND ACCESSORIES
Add the extra comfort and finish the look with skirting, floor grating, armrests or side panels.

5 - DOORS
A sauna door should always be opened outwards and sealed with magnetic lock, self-closing hinges or equivalent that can be impossible to lock down or otherwise make the door difficult to open. A professionally made door intended for sauna is therefore recommended.

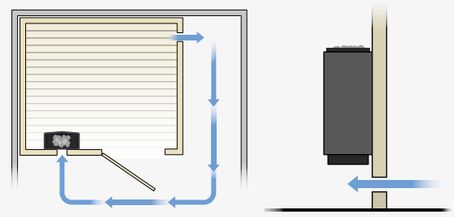
6 - HEATER – SEE PAGE 36–47
The power of the sauna heater must be adapted to the volume of the sauna room. As a thumb rule, approximately 1 kW per 1.3 m^3 room volume. For a sauna with large glass surfaces, wall sections inside the sauna with tiles or other heavy material requires higher power. You usually add 1,5 m^3 per 1 m^2 of heavy wall material on the actual room volume.

7 - LIGHTS
Choose where you want your lights in the sauna. Maybe just hidden under the benches and backrests for a cosy environment. Or if you prefer a lamp with a cool retro look to place on the wall or in the ceiling.

Important to get right:

THE VENTILATION
The best functioning ventilation is given on the simplest way - traditional self-pull principle, with supply air opening through the wall under the heater and exhaust air vent on the wall diagonally over the room. The inlet air and the exhaust air should always lead to the same space.

The "air circulation" of the door shall cooperate with the hot air from the heater. Therefore, the heater is placed on the same wall as the door. The inlet air valve is placed directly through the wall in the middle of the heater.



CUSTOMISED SAUNA ROOMS



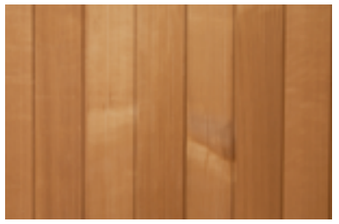
Thermo Aspen



Aspen

1. SAUNA PANELS

Tylö's beautiful sauna panels can be placed either horisontal or vertically to create the look you want. If you need another kind of wood, contact your dealer for special designs.



PANEL STS 240 ASPEN/TH
Heat-treated aspen panel (knot-free).
Size: 12 x 95 mm
Dimension: 85 mm
Pack of 10

The heat-treated aspen has a much darker shade than non-treated. It is a form stable wood because dryer than non-treated and absorbs less moisture.



PANEL STS 240 SPRUCE
Size: 12 x 95 mm
Dimension: 85 mm
Pack of 10

The rather common Spruce is light in colour and is a medium soft type of wood.



PANEL STP 240 CEDAR
Size: 11 x 92 mm
Dimension: 86 mm
Pack of 10

The cedar is relativly soft, stable and has a clear aromatic fragrance.



PANEL PRO STP 240 ASPEN
Knot-free aspen panel
Ideal for public facilities.
Size: 15 x 95 mm
Dimension: 85 mm.
Pack of 10

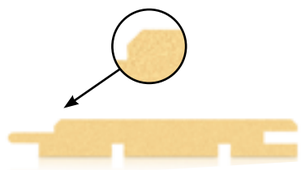
Aspen is a light, relatively soft and brittle wood that is stable in shape when moisture changes.

ASPEN IS AVAILABLE IN TWO DIFFERENT PROFILES

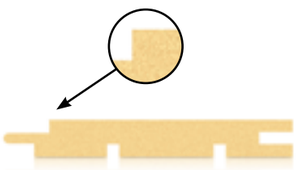


PANEL STS 240 ASPEN
Knot-free aspen panel
Size: 12 x 95 mm
Dimension: 85 mm
Pack of 10

Aspen is a light, relatively soft and brittle wood that is stable in shape when moisture changes.



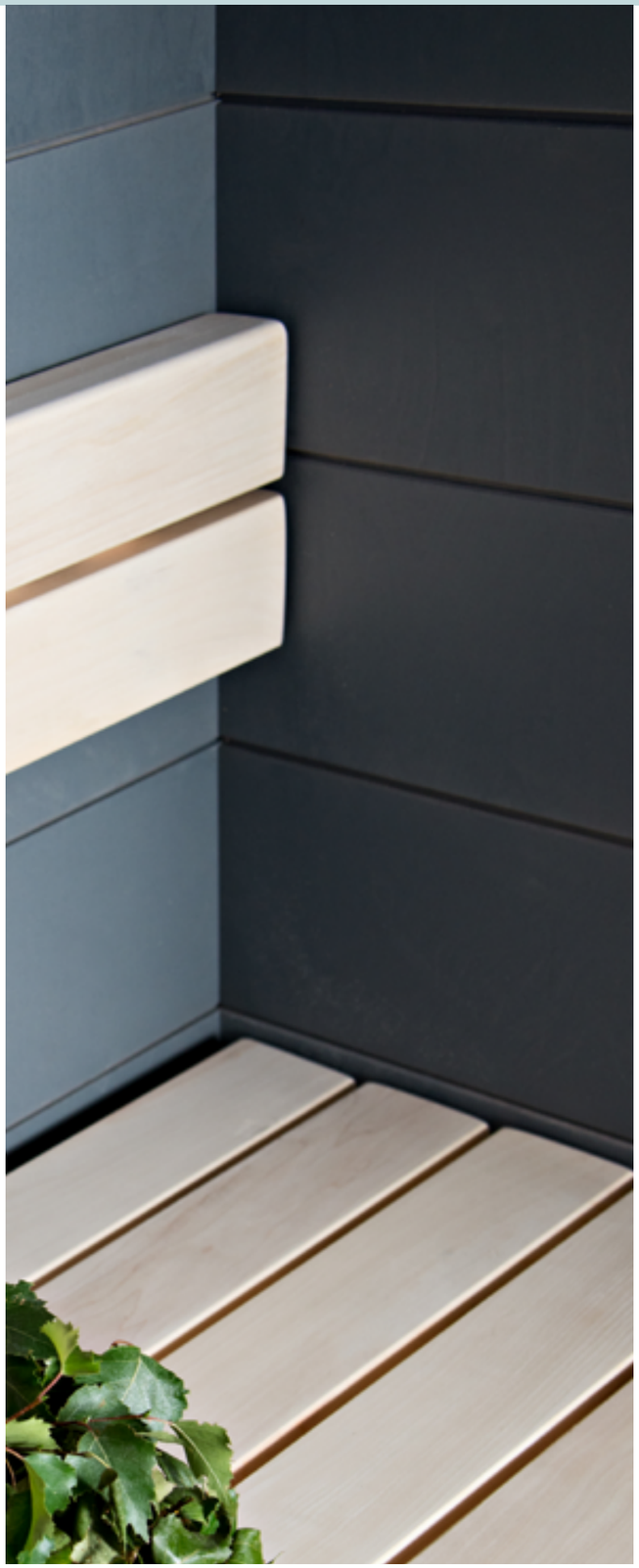
SAUNA PANEL STP PROFILE
Size 11 x 92 x 2400 mm



SAUNA PANEL STS PROFILE
Size 12 x 95 x 2400 mm



Brown taika with thermo aspen interior.



Grey taika with aspen interior.

SAUNA PANELS – TAIKA

With our Taika panels you can give your sauna a modern look and feel. It is a perfect solution if you are looking for a contrast in your sauna. The boards are wider than the standard ones and can be placed horizontal or vertically. All colours are available in 196 x 3050 mm or 180 x 1500 mm.



BLACK



GREY



BROWN

UNTREATED

2. INTERIOR

First decision to make when choosing wood is if you want a totally matching sauna or want to have contrasts. If you have the light aspen on the walls you can either match it with aspen benches or contrast with the dark thermo aspen. Or the other way around of course!

You can choose if you want the slim or the wide boards in the benches and backrest or if you prefer a more classic look. Why not get creative and have a floating bench?



Aspen panel and aspen Classic benches.



Thermo aspen panel and thermo alder benches.



Panorama with a floating bench. Aspen panel and thermo alder benches.



Thermo aspen panel and aspen classic benches.

3. GLASS FRONTS AND CORNERS

Saunas can be constructed in a variety of sizes and configurations using the prefabricated glazed sections made of durable safety glass. The end result is always the distinctive contemporary design for which Tylö is known.
The Evolve has clear glass, aspen wood frame and aluminium floor frame and is really easy to install. The Harmony Glass front has the clean look with clear glass and without any frame.



4. EXTRAS AND ACCESSORIES

Add the extra comfort and finish the look with skirting, floor grating, armrests or side panels.

SKIRTING PANELS
Prefabricated skirting panels screen off the gaps between the benches.

FLOOR GRATING
The floor decking feels smooth and pleasant beneath your bare feet and adds a sense of luxury and comfort.

ARMRESTS AND SIDE PANELS
For settings where the ends of sauna benches are not fixed against a wall or other support.



PS. Don’t forget the ventilation hatches





5. DOORS

Our top-quality doors are specially manufactured to withstand the considerable temperature differences between the outside and inside of the sauna without warping or becoming deformed. Would you like a sauna door with different dimensions or made from different materials? Contact a Tylö dealer for a quote.



Aluminium door with alder strips and handle on inside.

1 - SAUNA DOOR DGL
An exclusive no-threshold sauna door with door leaf of tempered 8 mm safety glass. The frame has a magnetic strip closure and the door has sturdy aluminium hinges with a decorative stainless steel housing.

2 - SAUNA DOOR DGB
Robust sauna doors in tempered 8 mm safety glass. The door is without threshold and has a magnetic strip closure in handle. The finger-jointed standard frame is made of pine.

3 - DGL/DGB WITH FOUR HINGES
Both DGB and DGL doors are available with four sturdy hinges, providing a very stable structure. The doors have no threshold and also allow disabled access thanks to their generous width.

4 - SAUNA DOOR ALU LINE
This door is bearing excellent properties with its durable tempered safety glass and beautiful design. Aluminium glass door with aluminium handle on the outside and alder strips and handle on inside. The door blade is surrounded by a stainless steel molding to match the elegant door handle. Alu Line is available in clear or bronze tinted glass and can be ordered as left or right handed door.

More information can be found at tylohelo.com/tylo



7. LIGHTS

Choose where you want your lights in the sauna. Maybe just hidden under the benches and backrests for a cozy environment. Or if you prefer a lamp with a cool retro look to place on the wall or in the ceiling.

SPOTS



NEW!



DESIGNLIGHT SAUNA SPOTS
A stylish spot with the lighting source high up so it resists the heat. Each spot has a dimable transformer to easily connect to the next spot. They should not be placed directly above the heater. 4,3 W 3000 K 230V IP44

Spot LED - Silver Item no. 9001 1034
Spot LED - White Item no. 9001 1032
Spot LED - Black Item no. 9001 1030

WALL & CEILING

NEW!



1 **2** **3** **4**

Get the retro look with lamps in the ceiling or on the wall. The bulb is included.

1. Classic Lamp – Black, frosted glass E14 MAX 40W IP55
Item no. 9001 1010

2. Ohm – Black, frosted glass. G9 MAX 25W VÄGG IP44
Item no. 9001 1012

3. Opus – Black E27 MAX 40W TAK/60W VÄGG IP44
Item no. 9001 1016

4. Ohm - Black E27 MAX 40W IP44
Item no. 9001 1014

HIDDEN LIGHTS



SAUNA LED LIGHTING
For dimable lights behind the backrest. Includes lighting strips and transformer. Can be installed either inside or outside the sauna (not in the ceiling). Warm-white 3000 K. Voltage 12 V. IP 65. Transformer LED 12 V DC 20 W.

LED Length 1 x 500 mm. 2,4 Watt. Item no. 9001 1440
LED Length 2 x 500 mm. 4,8 Watt. Item no. 9001 1442
LED Length 3 x 500 mm. 7,2 Watt. Item no. 9001 1444
LED Length 4 x 500 mm. 9,6 Watt. Item no. 9001 1446
LED Length 5 x 500 mm. 12 Watt. Item no. 9001 1448



LED LIGHT STRIP
For lights under the benches. Developed to allow for more subtle lighting effects. 12 V DC. Dimmable. Warm white 3000K IP65.

LED 38CM 12V/DC 0.16w Item no. 9001 1350
LED 50CM 12V/DC 0.25w Item no. 9001 1352
LED 90CM 12V/DC 0.50w Item no. 9001 1354
LED 190CM 12V/DC 1.20w Item no. 9001 1356
LED made-to-measure 12V/DC 1 w/m
Price on request

STAR LIGHTS



RUBEN SKY LED
The included control gives you a choice of seven pre-installed programmes or the option of creating your own programme with as many as 20 colour changes. Cable connections, 180 mm mounting sleeves and electronic equipment are included. Can also be synchronised with lighting behind the backrest.

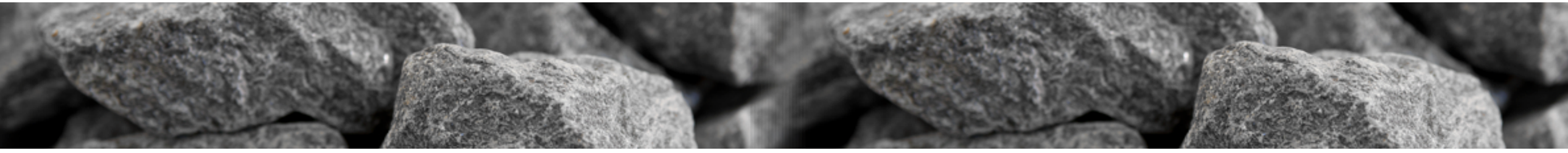
Ruben Sky 20
Number: 20.11.6 W output.
Item no. 9001 1072

Ruben Sky 30
Number: 30.17.4 W output.
Item no. 9001 1074

Ruben Sky 40
Number: 40.23.2 W output.
Item no. 9001 1076

Ruben Sky 60
Number: 60.34.8 W output.
Item no. 9001 1078

SAUNA HEATERS



6 STRONG REASONS TO CHOOSE TYLÖ



1

ELEGANT DETAILS
All Tylö heaters are carefully designed to deliver the ultimate sauna experience. The angled grill ensures optimal hot air distribution. The built-in water reservoir in the combi versions gives you a steamier option.



2

FAST HEATING THAT SAVES ENERGY
Tylö heaters all heat your sauna room up to twice as fast as any other heater. The unique dynamic air chambers provide enhanced hot air distribution and the patented divided output feature enables energy savings of up to 30%.



3

SAFETY - A HIGH PRIORITY
Besides overheating cut-offs, thermostats and temperature sensors Tylö's heaters comes with Thermosafe™, a unique protective coating guarding against accidental burns.



4

EFFECTIVE WATER SPRINKLING
Tylö heaters' deep, centrally-located stone compartment ensures high steam output from water used.



5

MADE IN SWEDEN
Thanks to our in-house production and meticulous quality control you can rest assured that a Tylö heater is a reliable purchase. You are ensured a reliable performance and long-lasting heater.



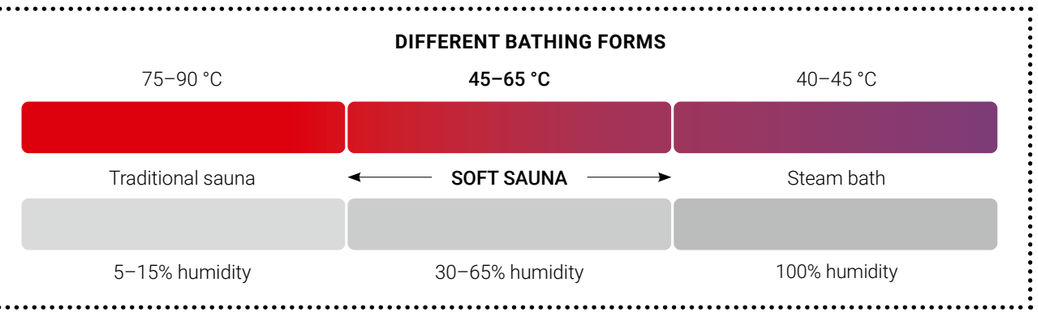
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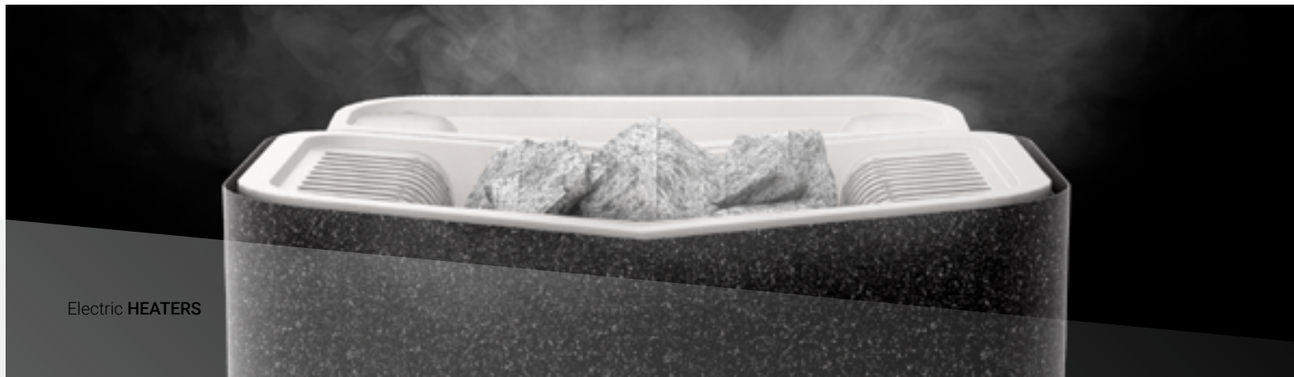
PRODUCT TESTING AND CERTIFICATIONS
All Tylö heaters are being tested throughout the entire manufacturing process. It is very important for us that our products have all the necessary certifications in the operating country for customer peace-of-mind.

DO YOU PREFER HOT AND DRY OR WITH A GENTLE STEAM?

TRADITIONAL SAUNA
Scandinavian sauna, according to tradition, comes in two varieties. The most classic version is where the temperature is somewhere around 75-90° C, and with a humidity of around 5-15%. Every now and then, a scoop of water is poured on the stove, spreading a comfortable and steamy heat in the sauna room.
A more extreme version is the way many Finns like to do it, with a very high temperature (approx. 95–110° C) and almost no humidity.

"SOFT SAUNA"
Steam sauna is a milder version of sauna and stays at a temperature of around 45–65° C. This temperature in combination with a very high humidity of around 30-65%, provides for a mild and soft sauna experience suitable for adults as well as children. To enhance the experience, you can also add natural herbs or aromatic oils to the steam.







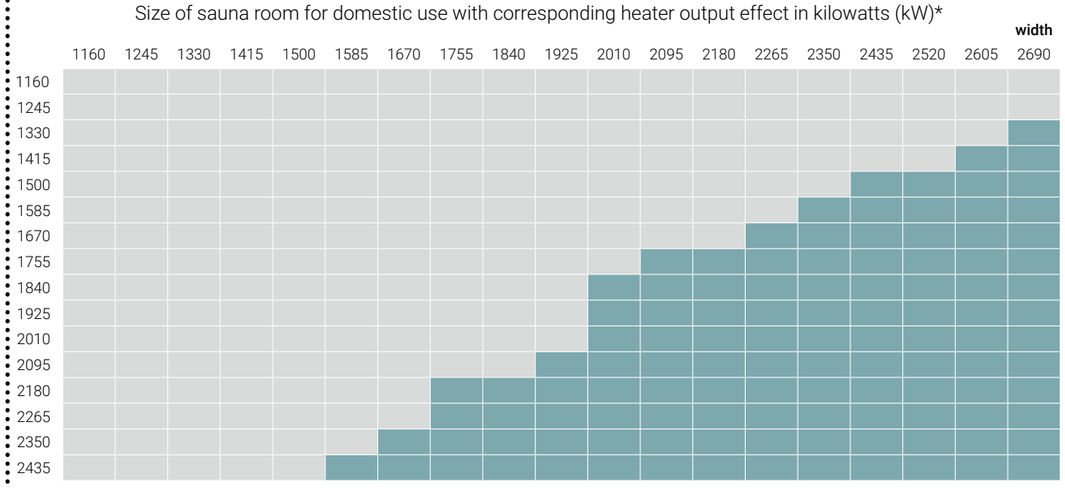
CHOOSING THE RIGHT TYLÖ HEATER TO SUIT YOUR SAUNA

Reach the perfect sauna experience and the greatest energy efficiency combined by considering the physical properties of your sauna room. This chart below will give you an indication of heater choices and ideal power output for your sauna. It is the volume in cubic that you need so to calculate your sauna in cubic you take length (meters) x width (meters) x height (meters) = cubic meters(m^3). And note that if you have a lot of glass or other material you need to add 1,5 m^3 to your sauna room's volume for every m^2 of "heavy material".

The sauna room efficiency chart

This guide help you choose the appropriate heater for maximum efficiency and usability.

Size of sauna room for domestic use with corresponding heater output effect in kilowatts (kW)*



* Note: if your sauna room's walls have tiles, stones or glass add 1,5 m^3 to your sauna room's volume for every m^2 of 'heavy material'.

Heater models & energy effect

- Sense Sport 2/4
- Sense Sport 6.6 kW
- Sense Sport 8 kW
- Expression Pure 10 kW**
- Expression Elite 10 kW**
- Sense Pure 6.6 kW
- Sense Elite 6.6 kW
- Sense Pure 8 kW
- Sense Elite 8 kW
- Sense Pure 10.5 kW
- Sense Elite 10.5 kW
- Sense Sport Combi 4
- Sense Combi Pure 6.6 kW
- Sense Combi Elite 6.6 kW
- Sense Combi Pure 8 kW
- Sense Combi Elite 8 kW
- Sense Combi Pure 10.5 kW
- Sense Combi Elite 10.5 kW

**with Relay Box Commercial Lite



***LEGS FOR SENSE**
Legs for all Sense sauna heaters. Color black.

Sense 6/8/10 Item no. 9000 1060
Sense Combi 6/8/10 Item no. 9000 1061

CLASSIC SAUNA HEATERS

SENSE SPORT 2/4

This compact electric sauna heater has been designed to suit smaller scale sauna rooms without compromising style, quality and efficiency. Integrated control panel and Thermosafe protective coating allow for easy setting and improved safety.

SENSE SPORT

This heater is available in versions with two different power outputs and may be placed on the floor or on the wall. The control panel is built into the heater and located at its base.



reddot design award

The design and inherent qualities of the Expression sauna heater have no compromises. Its design has won much acclaim and has received the international Red Dot Design Award. However, it is not just the outside of this product that attracts attention.



EXPRESSION

This award winning design will heat your sauna fast and with ease. It's built in air chambers speeds up air and heat distribution and contributes to its energy efficiency.

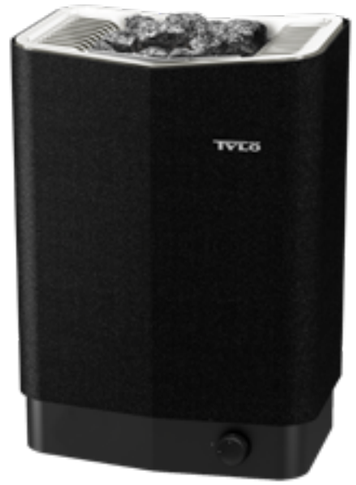
Home electric sauna heaters

							Safety distance					
Product	**Item no.**	**Output (kW)**	**Sauna volume (m³)**	**Weight heater + rocks (kg)**	**Size (WxHxD)**		**Side (mm)**	**Front (mm)**	**Ceiling (mm)**	**Floor (mm)**	**Suitable control panel**	**Installation**
Expression 10 Black	61001000	10	10–18	29+12	500x730x200		200	200	1170		Pure or Elite Cloud with relay box Commercial Lite	Floor standning*
Expression 10 Champagne	61001003	10	10–18	29+12	500x730x200		200	200	1170		Pure or Elite Cloud with relay box Commercial Lite	Floor standning*
Expression 10 Copper	61001006	10	10–18	29+12	500x730x200		200	200	1170		Pure or Elite Cloud with relay box Commercial Lite	Floor standning*
Expression 10 Black Thermosafe	61001120	10	10–18	29+12	500x730x200		200	200	1170	110	Pure or Elite Cloud with relay box Commercial Lite	Floor standning*
Sense Sport 2/4	62202020	2.2–4,5	2–4	9,3+7	348x480x214		20	30	1250		Built-in	Wall mounted
Sense Sport 6	61001018	6.6	4–8	17+20	435x605x375		110	30	1030	100	Built-in	Wall mounted or floor standning*
Sense Sport 8	61001012	8	6–12	17+20	435x605x375		110	30	1030	100	Built-in	Wall mounted or floor standning*

*Feet for floor standing are bought seperately.



CLASSIC SAUNA HEATERS



SENSE ELITE/PURE

Sense Pure is a heater that comes with the Pure control panel for ease of use and convenience.

The Sense Elite has the Elite Cloud control panel, with wifi connectivity for maximum advantage and comfort, included. Door contact is required for delayed start.

Choose either control panel to your Sense Elite/Pure heater.



ELITE CLOUD
Gives a quicker heat up time and lets you set the exact percentage of humidity for full control. Wifi connectivity for maximum advantage and comfort is included.



PURE
Comes with the standard digital touch control panel for ease of use and convenience. Let's you set temperature and time.



TYLÖ HEATER GUARD
6–8 V Wall-mounted heater guard
6.6–8 kW. Item no. 9000 1002

10–20 V Wall-mounted heater guard
10.7–20 kW. Item no. 9000 1012

6–8 H Corner-mounted heater guard.
6.6-8 kW. Item no. 9000 1003

10–20 H Corner-mounted heater guard
10.7-20 kW. Item no. 9000 1013

Home electric sauna heaters

Product	Item no.	Output (kW)	Sauna volume (m^3)	Weight heater + rocks (kg)	Size (WxHxD)		Safety distance				Suitable control panel	Installation
							Side (mm)	Front (mm)	Ceiling (mm)	Floor (mm)		
Sense Pure 6	61001031	6.6	4–8	17+20	435x605x375		110	30	1030	100	Pure included	Wall mounted or floor standning*
Sense Pure 8	61001033	8	6–12	17+20	435x605x375		110	30	1030	100	Pure included	Wall mounted or floor standning*
Sense Pure 10	61001110	10.5	10–18	17+20	435x605x375		110	30	1030	100	Pure included	Wall mounted or floor standning*
Sense Elite 6	61001480	6.6	4–8	17+20	435x605x375		110	30	1030	100	Elite Cloud included	Wall mounted or floor standning*
Sense Elite 8	61001482	8	6–12	17+20	435x605x375		110	30	1030	100	Elite Cloud included	Wall mounted or floor standning*
Sense Elite 10	61001484	10.5	10–18	17+20	435x605x375		110	30	1030	100	Elite Cloud included	Wall mounted or floor standning*

*Feet for floor standing are bought seperately.



COMBI HEATERS FOR SOFT SAUNA



TYLÖ SAUNA STONES
Genuine heat retaining vulcanite sauna stones from Tylö.
Top quality sauna stones that are durable and provide excellent heat radiation. Place the stones loosely around the elements to shorten the sauna heating time and prolong the life of the heating elements.

Sauna stones 20 kg. Under 100 mm.
Item no. 9014 1020



SENSE SPORT COMBI 4

Enjoy both sauna and steam functionality for a flexible sauna experience in a small package. The Sense Sport Combi 4 heater has an integrated control panel and Thermosafe protective coating for easy setting and improved safety.



CHOOSE CONTROL PANEL PURE OR ELITE CLOUD ON PAGE 48.

SENSE COMBI ELITE/PURE

Same efficient and swift operation as the rest of the Sense heater lineup, but Sense Combi Pure/Elite delivers traditional dry sauna experiences along with ones including rich and enveloping steam, for an even higher level of versatility and pleasure.

The Elite version comes with the Elite Cloud control panel with cloud connectivity.

Home electric sauna heaters

							Safety distance					
Product	**Item no.**	**Output (kW)**	**Sauna volume (m^3)**	**Weight heater + rocks (kg)**	**Size (WxHxD)**		**Side (mm)**	**Front (mm)**	**Ceiling (mm)**	**Floor (mm)**	**Suitable control panel**	**Installation**
Sense Sport Combi 4	62202060	4,5	2–4	13,4+7	348x480x274		20	30	1250		Built-in	Wall mounted
Sense Combi Pure 6	61001180	6.6	4–8	23+20	435x625x375		110	30	1030	100	Pure included	Wall mounted or floor standning*
Sense Combi Pure 8	61001182	8	6–12	23+20	435x625x375		110	30	1030	100	Pure included	Wall mounted or floor standning*
Sense Combi Pure 10	61001184	10.5	10–18	23+20	435x625x375		110	30	1030	100	Pure included	Wall mounted or floor standning*
Sense Combi Elite 6	61001490	6.6	4–8	23+20	435x625x375		110	30	1030	100	Elite Cloud included	Wall mounted or floor standning*
Sense Combi Elite 8	61001492	8	6–12	23+20	435x625x375		110	30	1030	100	Elite Cloud included	Wall mounted or floor standning*
Sense Combi Elite 10	61001494	10.5	10–18	23+20	435x625x375		110	30	1030	100	Elite Cloud included	Wall mounted or floor standning*

*Feet for floor standing are bought seperately.



COMMERCIAL SAUNA HEATERS

COMMERCIAL

Size of sauna room for professional use with corresponding heater output effect in kilowatts (kW)*

Heater model	4–8 m³	6–12 m³	10–18 m³	15–35 m³	22–43 m³
Sense Commercial 6	6.6				
Sense Commercial 8		8.0			
Sense Commercial 10			10.7		
Sense Commercial 16				16.0	
Sense Commercial 20					20.0

* Note: if your sauna room's walls have tiles, stones or glass add 1,5 m³ to your sauna room's volume for every m² of 'heavy material'.



SENSE COMMERCIAL

The smaller Sense Commercial sauna heater is available with two different power outputs. Combine with the Elite Cloud control panel and you can control it from anywhere!

The larger one in three different outputs is suitable for larger commercial or public saunas. Can be complemented with a steam generator, a steam distributor, a relay box and Elite Cloud control panel to be turned into a complete Tylarium experience.

SENSE COMMERCIAL + STEAM COMMERCIAL = TYLARIUM

Combining the Steam Commercial generator, Sense Commercial sauna heater with steam distributor, and the Elite Cloud control panel makes a Soft Sauna experience possible in public and commercial spaces as well. Representing a new way of enjoying heat and humidity, Soft Sauna is a modern take on the traditional sauna.

Control and monitor your sauna from the office or reception using nothing but wifi, a mobile device and Tylö's app. The app was specially developed to optimize your sauna experience and is compatible with iOS, Android and desktop PCs.



Steam Commercial generator



Sense Commercial sauna heater with steam distributor



Elite Cloud control panel with relay box Commercial and Tylarium Elite Kit*

CALCULATE HOW MUCH YOU CAN SAVE WITH OUR STANDBY TOOL
Scan the QR code.

* Temperature/humidity sensor, 4 meter sensor cable, 3 meter Sync cable

Tylarium

Sauna volume m³	Sauna heater kW	Relay box	Steam generator kW	Control panel	Required	Optional
10-18	Sense Commercial 10	Commercial Lite	Steam Commercial 9	Elite Cloud	Tylarium Elite Kit Item no. 71016000	Steam outlet
15-35	Sense Commercial 16	Commercial	Steam Commercial 9	Elite Cloud	Tylarium Elite Kit Item no. 71016000	Steam outlet
22-43	Sense Commercial 20	Commercial	Steam Commercial 12	Elite Cloud	Tylarium Elite Kit Item no. 71016000	Steam outlet

Commercial electric sauna heaters

Product	Item no.	Output (kW)	Sauna volume (m³)	Weight heater + rocks (kg)	Size (WxHxD)		Safety distance				Suitable control panel	Installation
							Side (mm)	Front (mm)	Ceiling (mm)	Floor (mm)		
Sense Commercial 6	61001025	6.6	4–8	16+20	431x559x375		110		1900		Pure or Elite Cloud with relay box Commercial Lite	Wall mounted or floor standning*
Sense Commercial 8	61001027	8	6–12	16.5+20	431x559x375		110		1900		Pure or Elite Cloud with relay box Commercial Lite	Wall mounted or floor standning*
Sense Commercial 10	61001090	10.7	10–18	32+25	650x650x400		150		1900		Pure or Elite Cloud with relay box Commercial Lite	Wall mounted
Sense Commercial 16	61001092	16	15–35	32+25	650x650x400		150		2100		Pure or Elite Cloud with relay box Commercial	Wall mounted
Sense Commercial 16 3x230V	61001100	16	15–35	32+25	650x650x400		150		2100		Pure or Elite Cloud with relay box Commercial	Wall mounted
Sense Commercial 20	61001094	20	22–43	32+25	650x650x400		150		2100		Pure or Elite Cloud with relay box Commercial	Wall mounted
Sense Commercial 20 3x230V	61001102	20	22–43	32+25	650x650x400		150		2100		Pure or Elite Cloud with relay box Commercial	Wall mounted

*Feet for floor standing are bought seperately.

CONTROL PANELS





Control your sauna with a smart control panel. The Pure stands for simplicity and functionality. The Elite Cloud can be connected to wifi and can have multiple user profiles so the perfect option for the commercial spa facility.

Pure



INTUITIVE DESIGN AND FEATURES
The elegant, compact design of the Pure control panel makes it the go-to choice for those who value functionality and simplicity.
The thin black control lets you set the lighting, temperature and sauna time easily with only a few touches. Of course, choosing the start time up to ten hours in advance means you can step into a wonderfully hot sauna or steam as soon as you get home. (Door contact needs to be added).

PLACEMENT OF THE CONTROL PANEL
We recommend to place it outside the sauna beacuse of the lower temperature.
You can place it in a Tylö Harmony room or a place built sauna if the ventilation is according to Tylö principle, the natural draught ventilation, and placed at least 300 mm from the heater and maximum height of 800mm from the floor. If not, place it on the outside of the sauna. **The surrounding temperature shall not exceed 80°C.**



Elite Cloud

EFFORTLESS BATHING
The new control panel Elite Cloud has been updated with cloud based functionality so you can control your sauna from anywhere! Why not have it ready when you come in from the ski slope or an exhausting car ride on the way home from work.

It is packed with advanced features, thanks to its internal processor and operating system. In addition to highly personalized settings, the Elite Cloud can be individually programmed according to your own schedule.
Add features such as auxiliary fans, fragrance pumps or lights – the Elite Cloud control panel handles it all with clear and concise precision. The 4.5-inch touch screen delivers real-time status on every aspect of your sauna and steam bath. Needs to be completed with a door contact for cloud functionality.

DOWNLOAD THE TYLÖ CONTROL APP AND GET IN CONTROL!

SAUNA ACCESSORIES





BRILLIANT ACCESSORIES

This new series has been developed in collaboration with Italian designer, Paola Garatto. The beautiful diagonal shape is inspired by the water waves. It includes bucket, ladle, thermometer, hygrometer and hourglass and is offered in beautiful matt Black or glamorous Silver grey.

It features aluminium which is anodised and sand-blasted for a real quality finish and longevity. The handle on the bucket is light birch, reinforced with aspen for strength.

In addition to the stylish design, the bucket has a clever functional spout to enable more accurate pouring of water – ideal for filling the water tank on Tylö Combi heaters.



FUNCTIONAL SPOUT

BRILLIANT SILVER



Bucket, ladle, hygrometer, thermometer, hourglass

BRILLIANT BLACK



Bucket, ladle, hygrometer, thermometer, hourglass

CLASSIC

CLASSIC ACCESSORIES
Bucket, Ladle, Hygrometer/Thermometer, Thermometer.

Classic Gift package
Contains Classic bucket, ladle, hygrometer/ thermometer and sauna fragrance.





MEET THE DESIGNER, PAOLA GARATTO

Paola Garatto designed the Brilliant sauna accessory series in collaboration with TylöHelo. Sometimes, sauna related products do not fit well with the modern home sauna or luxurious spa. In response, Garatto created elegant sauna accessories which suit well with a wide variety of sauna interiors.
The concept reflects TylöHelo's company principles, combined with modern Nordic aesthetic features. The materials chosen combine practicality with pleasant appearance – a great complement to the environment and enhancement to the sauna experience.

Paola Garatto is a Venice-born Freelance Designer based in Helsinki (FI) and Venice (IT), working in multidisciplinary design projects.
Her designs are reflecting the principles and values of industrial design channelled into fashion statements.
She takes inspiration from high-quality Italian craftsmanship, blended with the progressive Nordic design aesthetics and values.

www.paolagaratto.com

HAYES
WELLNESS
and everything great outdoors

TYLÖ
Redefining wellness

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Also see our catalogues for steam and infrared.